

**February 10th, 2008  
FIRST SUNDAY OF  
LENT (A-2)**

**FROM THE PASTOR'S DESK:**

**Dear Parishioners:**

**“ Man does not live by bread alone” ( Mt 4, 1-11 )**

*After fasting for forty days, Jesus was tempted by Satan to transform the stones into loaves of bread to ease His hunger. Jesus chased Satan away by uttering this famous words that we can never spend through the Lenten Season without putting them into action for our spiritual practices. “ One doesn't live by bread alone, but by every word that comes from the mouth of God”*

*Fasting is one of these three things we practice during LENT:*

**PRAYER, ALMSGIVING and FASTING.**

*We hold them so cherished as a way of deepening our spiritual experience of the Father and Son. It is a way of reaching deep down within toward God. We practice it also like Isaiah said (58:1-9) to share the pang of pain of hunger with the hungry, the homeless. We also become more aware of reaching out, of sharing our possessions with our brothers and sisters in need. Here come the second thing for this season: ALMSGIVING.*

*We know also that fasting is much more than dieting. Its purpose is to enable us to regain control over our appetites, something that is specially difficult in a consumer-oriented society. If we can't control our bodies, we will find it extremely difficult to control our spiritual self. When we try with great effort to fast, we will discover how closely we are tied to bodily gratification. We also realize that there is a true and universal wisdom in the East and West that fasting is vital for spiritual self- mastery. By practicing it then we can experience prayer very easily and spontaneously as Jesus did. ...So the third thing we do in LENT is PRAYER.*

*Let all of try to put into the practice “FASTING” on these Lenten Fridays.*

**May God bless all of us abundantly  
during this lunar New Year of the Rat 2008.**



**MASS OF THE WEEK  
Feb 9, 2008 - Feb 15, 2008**

**Saturday 5:30pm** for Guidita & Edilberto Rodriguez+  
**Sunday 9:00am** for Kid Pereira  
**11:00am** for Erlinda Baylon+  
**4:30pm** for Claudio Domingo+

**Monday**  
**Tuesday** for Rosie & Dennis Smith  
**Wednesday**  
**Thursday** for Thomas & Mary Quinlan+  
**Friday**

**PRAYER FOR THE SICK**

**Please pray for our parishioners who are sick**

Andrew&Cecilia Schneider, Jacinta Datoc, Sandra Slaney, Concepcion Boquiran, Paula Borrromero, Irma Ponce, Douglas Keller, Milagros Velasco, Joseph Cortez, Marlisa Wolfe, John&Rose Lafferty, Stephen Hungerford, Nora Li, Mark Cavelo, Katherine Haynes, Oli Figel, Micheal Schneider, Julialita Hermano, Don Skilling,Vic Spiegelman, Leslie Tibor, Lali Anika, Serena D.Blances, David, Dona, Richard, Julia Almeida, Maria Pachecos, Laurence Smolinski, Debbie Nizrik, Debbie Galligler, Cirilo Salvador, Giralaine Whale, Mrs Pe Benito, Lea Comeau, William Rudd, John Puchniak,Barry Hamle Louis Roy, Mrs C.Blue, Aurea Eusebio, Karol Kramer, Jean Kramer, Johanna Brianti and James, Linda, Anthony & Mireya & the Kelly Family, Irene Arthurs, Bruce Mitchell, John McCarthy, Margie Lowe, Debbie Mclachlin and Family, Consuelo Rendon and Family, Jacqueline Restepo, Carlos Rendon and Ms. Andrea, Cathy +Dennis & Family

**Anyone requesting for prayers, please call Tel  
266-2512**



Visit us at our website :  
**stfranciscalgary.org**

**PARISH NEWS & ACTIVITIES**

**GUARDIANS MEETING**

All Guardians are invited to a meeting on Saturday, February 9 at 1:30 to 3:30 pm at 604-1St Street S.W.

**PASTORAL CARE**

If you are sick, lonely, disabled,or shut-in and would like a pastoral visit or Communion brought to you, please phone Angie Webster at 271-6258

**THERE ARE STILL OFFERING ENVELOPE 2008** with names and numbers that have not yet been collected. You may come to the Sacristy to pick them up.

**BISHOP CARROL HIGH SCHOOL**

There will also be an Open House on Tue, Feb 12 from 6:30-8:30pm to tour the school, and meet both the faculty and students.

**CONFIRMATION AND RCIA**

Classes for RCIA are held every Saturday from 7:00 pm. Confirmation classes are held every Saturday at 8:00 pm. Both Classes will be at the Parish Office, located at 64 -1st Street S.E. For more information, please call Rico at 263-0491 or 693-6125.

**LENTEN RETREAT** day for Seniors (Feb 23, 2008) from 9:30am to 3:30pm will be held at FCJ Christian Life Center, 219 19 Ave SW. Tel : 228-4215

**Bereavement Education Program**

This course will prepare you to journey with those grieving the loss of loved ones. Available classes :  
Mon Feb 25 – Thur Feb 28 : 6:15pm – 9:30pm  
Sat Mar 1 : 8:30am – 4:00pm  
Mon Mar 3 – Thur Mar 6 : 6:15pm – 9:30pm  
Classes are held at the FCJ Christian Life Centre, 219 – 19 Ave SW Calgary. Fee : \$65. Call 218-5507 for more information

**EMMAUS LECTURES (Feb 15-16, 2008)** : The Already and the Not Yet : Furthering the Reign of God in Everyday Life - will be held at FCJ Christian Life Center. Cost \$35 (includes lunch)

**ST MARY'S UNIVERSITY OPEN HOUSE:** There will be an Open House on Sat, 1 March 2008 from 10am - 2pm. All are invited.

**CALENDAR OF EVENTS**

**ANNUAL BISHOP APPEAL 2008 (ABA)**

Today Sunday Feb 10 begins the 2008 Annual Bishop's Appeal in all parishes of the Diocese. The principal theme selected by Bishop Henry this year is :

**God loves a cheerful giver (2 Cor. 9:7)**

St Francis quota for ABA 2008 is \$19,000. Every Pastor of a parish is glad at heart when he sees his people working together in unity. A solid community spirit makes his pastoral burden much lighter. Therefore, to attain our quota for ABA 2008, every association and committee of our St Francis Parish are earnestly asked to help the Pastor to reach that goal - ABA 2008 \$19,000.

**Schedule for Lenten/Easter Season 2008**

a. The Celebration of the Way of the Cross is taking place every Tuesday and Friday after the Noon Mass.  
b. The Sacrament of Reconciliation will be celebrated every Friday at 11am and Saturday at 4:30pm. For appointment for private confession, please call 266-2512.

**HOLY WEEK CELEBRATION**

- 1. Monday (Mar 17)** – The Mass with Bishop with all the priest will be held at St Mary's Cathedral at 6:30pm. All are invited.
- 2. Holy Thursday (Mar 20)** – The Celebration will be held at Noon and at 5:30pm.
- 3. Good Friday (Mar 21)** – The Celeration will be held at 3:00pm.
- 4. Holy Saturday (Mar 22)** – Easter Vigil Celebration will be held at 6:30pm and 9:30pm (for University students)
- 5. Easter Sunday (Mar 23)** – The Solemn Mass will be held at 9:00am, 11:00 am and 4:30pm.

**FROM THE BISHOP'S OFFICE**

**National Catholic Broadcasting Council** Televised **Mission 2008** will be broadcast on Monday and Tuesday, March 3<sup>rd</sup> & 4<sup>th</sup> on VISIONTV at 5.00 PM (Repeated at 9.00 PM) with **Fr. Ron Rolheiser, O.M.I.** as guest preacher. His topic: Keeping a Mellow Heart in a Bitter Time. A powerful testimonial on this topic will be given by a father & his daughter, Tom and Barbara Zanzig.